

# WONDERING ABOUT

## *Women's Health?*



Join UM Charles Regional and UM Capital Region Health for a Virtual Workshop

**Thursday, April 1 | 12pm-1pm**

As a woman, there are things you may not fully understand about your body. With so much information to learn, it can be overwhelming to know where to start. The dedicated UM Charles Regional Medical Group - Women's Health and the UM Capital Region Health Medical Group - Urogynecology teams are here to be your guide, introducing you to what you need to know, answering your questions, and supporting you every step of the way.

**Our virtual workshop will touch on all the topics that mean the most to southern Maryland women of all ages.**

Register today to claim your virtual seat at the event.

[bit.ly/WebinarWHealth](https://bit.ly/WebinarWHealth)



UNIVERSITY of MARYLAND  
CAPITAL REGION HEALTH  
MEDICAL GROUP  
UROGYNECOLOGY

**Briana Walton, MD,  
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MEDICAL GROUP  
WOMEN'S HEALTH

**Lauren Outlaw, MD**